

Orthostatic Proteinuria

What is orthostatic proteinuria?

In this condition, the kidneys spill protein into the urine while you are standing or sitting, but not when you are lying down. People who have this condition have **NORMAL** kidneys.

What causes it?

We don't know. Scientists think it may have something to do with the blood vessels that go to the kidney. Some think gravity in some people makes the filters of the kidney a little leaky for protein.

What are the symptoms?

This condition does not cause symptoms that you can feel. The only way to diagnose it is to check your urine for protein.

Is there a treatment for it?

Orthostatic proteinuria is a **normal** and **harmless** condition. You do not need any treatment.

Will it cause kidney problems in the future?

There is no evidence that this condition causes kidney problems.