

# Chronic Kidney Disease: Common, Harmful, Treatable

## Kidney Education Outreach Program

### Important CKD Facts

For podcasts about kidney transplant or glomerular diseases go to:

<http://unckidneycenter.org/>

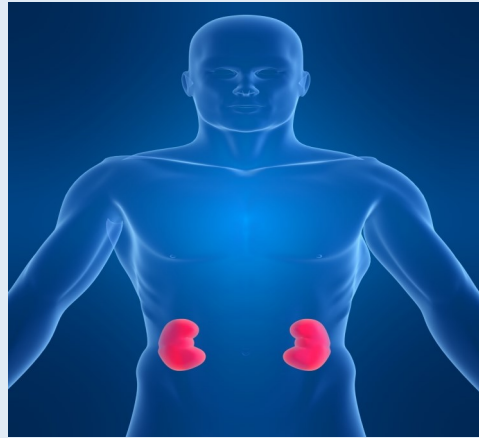
For information about the KEOP's CKD awareness and prevention program

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Chronic Kidney Disease (CKD) occurs when the kidneys are damaged and unable to filter blood adequately.

In the United States,

- ◆ More than 20 million people, aged 20 years or older, have CKD,
- ◆ CKD is more common among women than men,
- ◆ More than 35% of people aged 20 years or older with diabetes have CKD, and
- ◆ More than 20% of people aged 20 years or older with hypertension have CKD.

Most frequent causes of CKD:

- ◆ Diabetes mellitus
- ◆ Hypertension
- ◆ Heart disease
- ◆ Family history of kidney failure

When kidney damage progresses to kidney failure, kidney replacement therapy (dialysis or kidney transplant) is required for survival. As of April 10, 2015

- ◆ 15,000 North Carolinians are on dialysis
- ◆ 2,737 North Carolinians are waiting for a kidney transplant
- ◆ 45 North Carolinians are waiting for a kidney and pancreas transplant

Remember to ask...

**HEY DOC, HOW ARE MY KIDNEYS?®**

**TRANSFORM LIVES: Be an Organ Donor.**

Register on your NC driver's license ♥