

# THE KEOP FILTER

Summer 2008

## KEOP By The Numbers:

- NC Citizens Screened: **1570**
- Counties with outreach activities: **15**
- Focus Groups Held: **17**

## Demographics of Screening Participants (n=1530):

- 47% African-American
- Mean age: 54
- 22% Diabetes
- 46% Hypertension
- 23% with family history of kidney disease
- 58% with early signs of kidney problems

## Community Outreach County Update

Since our last newsletter, the KEOP has conducted outreach and education in 8 new counties: Cabarrus, Davidson, Greene, Guilford, Hertford, Mecklenburg, Richmond and Wake.

In the upcoming months we will be conducting focus groups in Caswell County and screenings in Lenoir County.



[www.unckidneycenter.org](http://www.unckidneycenter.org)

## THE INSTITUTE OF MEDICINE RELEASES CHRONIC KIDNEY DISEASE TASK FORCE RECOMMENDATIONS

During the 2006-2007 session of the NC General Assembly House Bill 1723 was passed (The Studies Act of 2006), The bill included a provision to create a Task Force on Chronic Kidney Disease (CKD). Over an 18 month period, task force members met and developed a comprehensive list of recommendations that cover the range of kidney disease from early detection/prevention through end-stage kidney disease. North Carolina joins seven other states with task forces devoted to CKD.

The recommendations made by the task force include:

- Appropriations for:
  - Programs that create or enhance screening, community outreach and education for CKD and the risk factors/diseases associated with CKD;
  - CKD screening and nephrology consultation for the uninsured;
  - Case Management/Medical Homes for Kidney Patients (Community Care of North Carolina; UNC Kidney Care Prevention Program)
  - CKD certification programs added to existing disease management programs.
- Increasing communication and clinical activities between primary care physicians and nephrologists to create a seamless transition for patients with CKD;
- Encouraging clinical laboratories to calculate and report a Glomerular Filtration Rate (measure of kidney function) as a tool for physicians to identify patients with CKD.

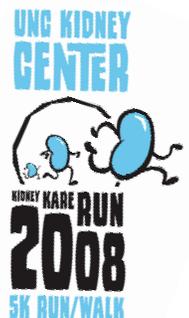
The North Carolina Institute of Medicine has created a report with recommendations that is being sent to the legislature. The UNC Kidney Center supports these recommendations and hopes that legislation can be created to translate these recommendations into practice.

The full report can also be viewed online at: [http://www.nciom.org/pubs/ckd\\_finalreport.pdf](http://www.nciom.org/pubs/ckd_finalreport.pdf). And please stay tuned for kidney legislation in the 2009-2010 session!

## 3RD ANNUAL KIDNEY CARE RUN CONTINUES TO SPREAD AWARENESS AND RAISE FUNDS

On Saturday, March 15th, the 3rd annual Kidney Kare 5K Run/Walk took place at McDougle Middle School in Chapel Hill. Hundreds of runners and walkers turned out to support the Kidney Center's biggest fundraiser, which benefits the KEOP and the Kidney Patient Emergent Fund. Over 300 runners and walkers, including transplant recipients and dialysis patients, took to the streets of Carrboro and raised a total of \$24, 707.

ALL monies donated go to the KEOP, used to fund the Center's free kidney screenings and to purchase educational materials and supplies necessary to carry on the mission of the KEOP and the Kidney Patient Emergent Fund, used to assist UNC kidney patients with emergent financial needs.



## COMMUNITY SPOTLIGHT

The UNC KEOP is here to help you! Please contact Caroline Jennette, Legislative Liaison, if you would like more information about kidney disease, the KEOP, or the UNC Kidney Center in general.

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You can also check us out on the web at:

[www.unckidneycenter.org](http://www.unckidneycenter.org)

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### Mary Davis Acts as KEOP Spokesperson for Bertie County



Mary Davis, a KEOP spokesperson in Bertie County, led the effort to host a screening at Bertie County Memorial Hospital this spring. But, then, doing good works for her community is nothing new for Mary. Windsor/Bertie County Chamber of Commerce's 2007 Citizen of the Year, a member of the Chamber's Board of Directors and a member of the local Rotary Club, Mary is always seeking to improve the quality of life for her fellow citizens. As administrator for the Cashie Medical Center, Mary sees firsthand the importance of early intervention and prevention for chronic diseases like CKD. As a line dancing instructor at the local senior citizens center, Mary promotes the importance of an active life style. Thank you, Mary, for encouraging your fellow citizens to ask...HEY DOC, HOW ARE MY KIDNEYS?

### KEOP Visits NewBridge Bank Park

The NewBridge Bank Park, home of the Greensboro Grasshoppers, a class A affiliate of the Florida Marlins, was the site of a CKD screening and awareness activity on Wednesday, June 25th. Sponsored by the Joseph Bryan Foundation of Greater Greensboro, the event provided free screenings to at-risk citizens. The first one-hundred citizens also received free t-shirts and tickets to the 12:30 pm game versus the West Virginia Power. The A&Z Race Team added to the day's excitement by bringing the UNCKC sponsored red, 2000 Pontiac Firebird dragster to help promote CKD awareness. Partnerships with community-based organizations like the Joseph Bryan Foundation and the Greensboro Grasshoppers help the KEOP to deliver KEOP screenings and CKD awareness activities to more North Carolinians. If you would like to host a KEOP screening and awareness event in your community, please contact Donna Harward @ 919.966.2561 extension 300 or donna\_harward@med.unc.edu.



### Fast Facts:

- Kidneys remove fluid and wastes from the body, release hormones to help regulate blood pressure, and help balance the body's electrolytes.
- North Carolina ranks 9th in the nation for statewide prevalence of end-stage kidney disease (ESKD), which requires dialysis or transplant.
- Approximately 900,000 (11%) of North Carolinians have chronic kidney disease (CKD).
- 4 risk factors for kidney disease are: diabetes, high blood pressure, heart disease, and family history of kidney disease.
- The good news: Early detection of kidney disease can prevent the progression to End Stage Kidney Disease (ESKD).



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