



UNC
KIDNEY CENTER

Podcast Transcript:

Dr. Ron Falk

Fibrillary GN

“Fibrillary GN: Is there anything I can do to keep my disease from getting worse?”

Patient: Is there anything else I can do to keep my disease from getting worse?

Dr Falk: Probably the most important issues are to keep your blood pressure down. You can take your blood pressure at home and make sure that when you go to the doctor that you take those records with you, so that your doctor knows that your blood pressure is in the range that we just talked about.

Keeping your cholesterol down with cholesterol-lowering drugs is also very important. Keeping physically fit, eating good foods, are also all part of the therapy process.