



UNC
KIDNEY CENTER

Podcast Transcript:

Dr. Ron Falk

FSGS

“FSGS: Outlook”

Patient: Is there a cure for FSGS, or will I always have the disease?

Dr. Falk: Unfortunately most patients with FSGS are not cured. But their disease is managed. That is, we do our best with patients to lower the blood pressure, lower the amount of protein lost. Try to encourage the kidneys to not become harmed by the use of these medications.

We know that patients who go into remission with loss of their protein in their urine, or even partial remissions—that is, a significant decrease in the amount of protein in their urine, those patients do far better than patients whose disease process is resistant to therapy.

I am sad to say that until we really understand the cause of these diseases, you may have to take drugs for a long period of time.