



UNC  
KIDNEY CENTER

Podcast Transcript:

Dr. Ron Falk

IgA Nephropathy

“IgA: Is there a cure?”

Patient: Can this disease be cured?

Dr. Falk: That’s a wonderful question. Mother Nature has allowed many individuals with this disease to be cured on their own. In fact, about a third of individuals may have one bout with IgA Nephropathy and the disease goes away. It’s really intriguing: Tremendous amounts of blood in the urine, the disease seems to run its course, and then go away.

By “go away”, I mean that on microscopic evaluation of the urine, no blood is observed. These people do remarkably well, with no evidence of long-term kidney disease and no evidence of high blood pressure. However, it’s very hard with our current therapy to actually cure IgA Nephropathy that is ongoing. The best we can do is to modify the course of the disease.