



UNC
KIDNEY CENTER

Podcast Transcript:

Dr. Ron Falk

IgA Nephropathy

“IgA: How do I know this disease is IgA Nephropathy?”

Patient: How do I know for sure that this disease is IgA Nephropathy?

Dr. Falk: Well, the best way of knowing is after you have had a kidney biopsy. It is really only a kidney biopsy that will allow us to determine for sure whether your form of kidney disease is really attributable to this IgA deposition within the filters.

One can take a guess as to whether or not you have IgA on the basis of the fact that this is one of the most common forms of glomerular disease worldwide. It typically occurs in Asians and Caucasians, much more so than African-Americans. And unfortunately, it affects people like you in the prime of their lives.

The best way to find out about it is to find blood in the urine, that prompts a kidney biopsy, that leads to the diagnosis of IgA Nephropathy.