



UNC
KIDNEY CENTER

Podcast Transcript:

Dr. Ron Falk

Minimal Change Disease

“What is Minimal Change Disease?”

Parent of Patient Could you please tell me what is Minimal Change Disease?

Dr. Falk Minimal Change Disease is a form of what is known as the Nephrotic Syndrome, where patients leak protein into their urine, resulting in a low amount of protein in the blood, or a low serum albumin, and a high cholesterol. Because protein is being lost out of the blood into the urine, patients typically get a lot of swelling, especially around their legs, feet and eyes.

Minimal Change Disease is the most common form of the Nephrotic Syndrome in children.