

# The Kidney Allocation System Changed in a Substantive Way on December 5, 2014

Your Patients Have Been, and Will Be, Affected by These Changes



## The New Kidney Allocation System Terms of Importance

- Pediatric
- Zero HLA Mismatch = 0 ABDR MM
- CPRA = Calculated Panel Reactive Antibody
  - » 100 %
  - » 99 %
  - » 98%
- EPTS Score = Estimated Post Transplant Survival
  - » Top 20
  - » Bottom 80
- KDPI = Kidney Donor Profile Index
- KDRI = Kidney Donor Risk Index

**NOT** in the Current System: Expanded Criteria Donor (ECD) Standard Criteria Donor (SCD)



#### **Overview of the New Kidney Allocation Policy**

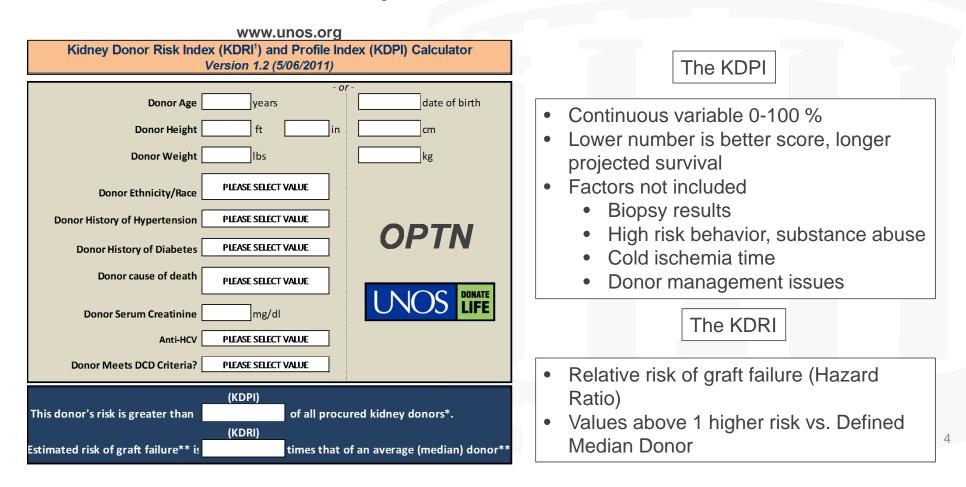
Wait-Listed Candidates					
KDPI≤0.20	KDPI 0.21-0.34	KDPI 0.35–0.85	KDPI>0.85		
Local CPRA 100%	Local CPRA 100%	Local CPRA 100%	Local CPRA 100%		
Regional CPRA 100%	Regional CPRA 100%	Regional CPRA 100%	Regional CPRA 100%		
National CPRA 100%	National CPRA 100%	National CPRA 100%	National CPRA 100%		
Local CPRA 99%	Local CPRA 99%	Local CPRA 99%	Local CPRA 99%		
Regional CPRA 99%	Regional CPRA 99%	Regional CPRA 99%	Regional CPRA 99%		
Local CPRA 98%	Local CPRA 98%	Local CPRA 98%	Local CPRA 98%		
0 HLA mm top 20	0 HLA mm	0 HLA mm	0 HLA mm		
Prior living donors	Prior living donors	Prior living donors	Local, regional adult		
Local pediatric	Local pediatric	Local	National adult		
Local top 20	Local adult	Regional			
0 HLA mm bottom 80	Regional pediatric	National			
Local bottom 80	Regional adult				
Regional pediatric	National pediatric				
Regional top 20	National adult				
Regional bottom 80					
National pediatric					
National top 20					
National bottom 80					

Israni, et al. JASN 2014. 25:1842-1848



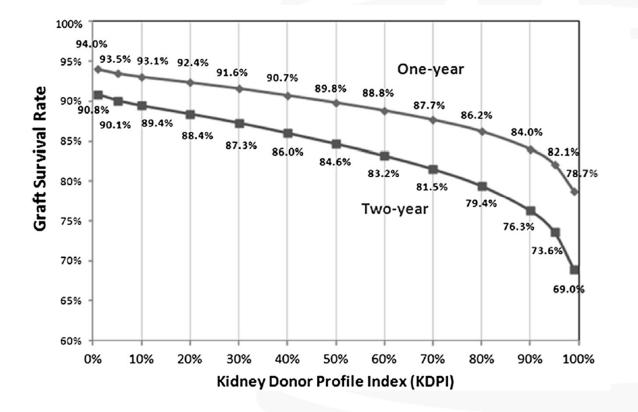
## The KDPI and KDRI

#### A Measure of Donor Quality Based on 10 Donor Characteristics





#### **Projected Kidney Allograft Survival vs. KDPI**



Friedewald et al. Surg Clin N Am 2013. 93:1395-1406

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## Acceptable KDPI Range is Defined for Each Recipient Candidate by the Transplant Center

Acceptance of KDPI >85% Kidneys Requires Patient Informed Consent (Prior ECD Consents Accepted)



#### **KDRI vs. ECD Designation**

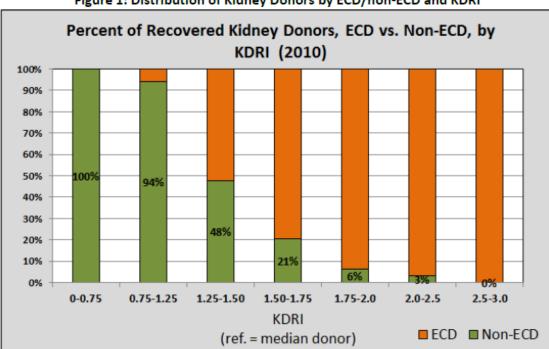


Figure 1: Distribution of Kidney Donors by ECD/non-ECD and KDRI

www.unos.org



#### Estimated Post-Transplant Survival (EPTS) A Relative Measure of Expected Recipient Life Span

#### Attention: The EPTS % may change on a daily basis due to age and time on dialysis.

Date of birth: * OR Age: 53 years						
Has the candidate had regularly administered dialysis for ESRD? * OYes ONo						
Current diabetes status: * Does Not Have Diabetes 🗸						
Number of previous solid organ transplants:          •         •         •						
Reset Calculate 20 %						

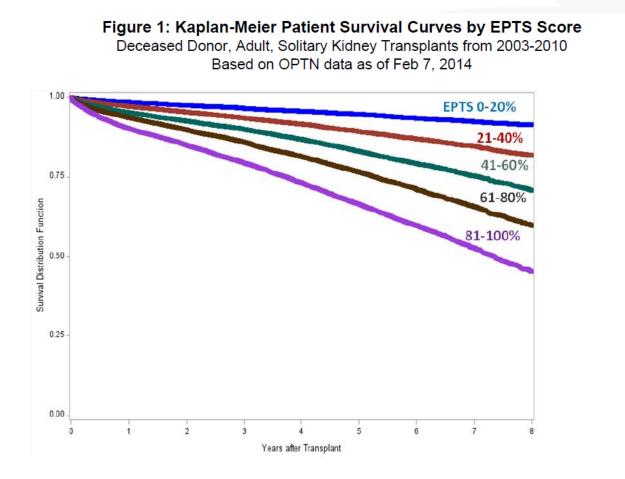
Based on a reference population as of 09/30/2013, this candidate's EPTS of 20% is in the national Top 20%, making them eligible for increased priority for kidneys from donors with KDPI in the Top 20%.

#### The EPTS Score

- Continuous Variable (0-100%)
- 1% score = anticipated life span longer than 99% of recipient candidates
- Pediatric patients (<18 yo) excluded from calculation
- Factors not included innumerable
- <u>Top 20 vs. Bottom 80 crucially important to</u> <u>patients</u>
  - Still binary with regard to allocation
  - e.g. 21% vs. 91% not important in allocation algorithm

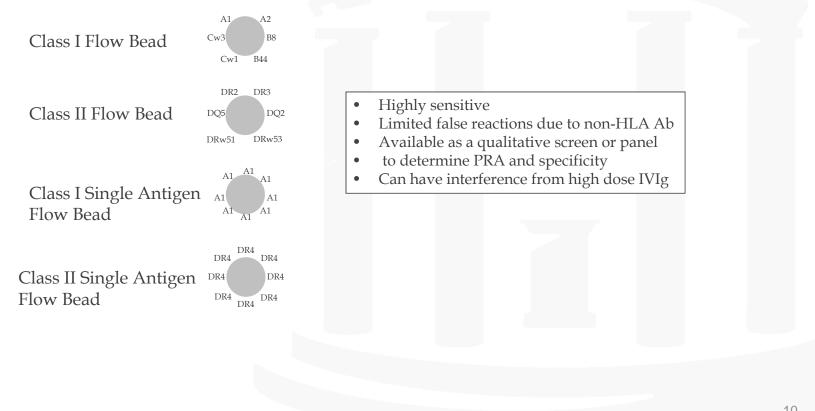
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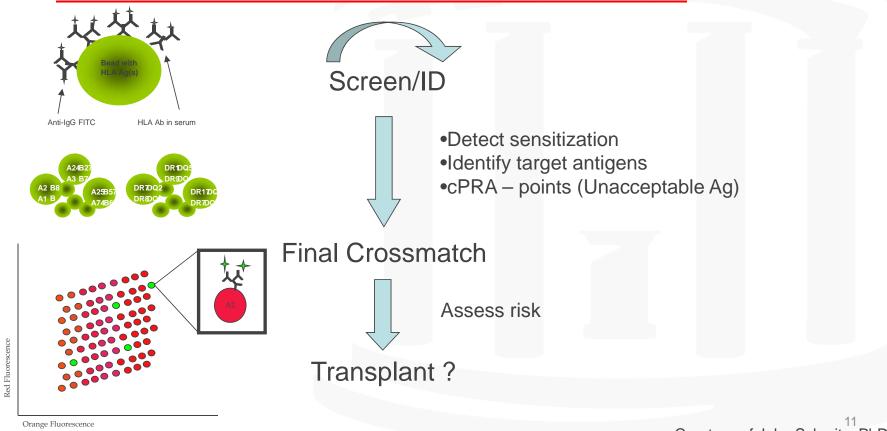
#### Bead Technology Has Improved Sensitivity and Specificity of HLA Antigen Testing



Courtesy of John Schmitz, PhD



## **Pre-Transplant Antibody Testing**



Courtesy of John Schmitz, PhD



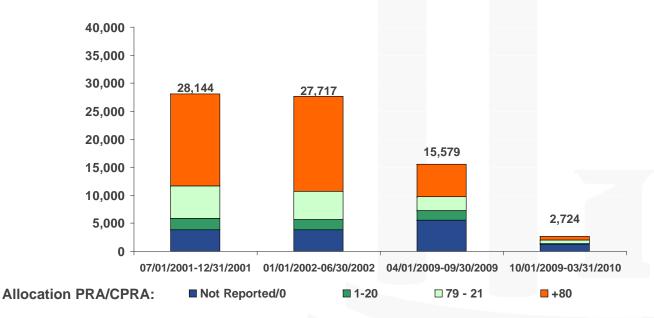
#### **Unacceptable Antigen Designation and Impact on CPRA**

CPRA	CALCU	LATOR								
UNAC	CEPTA	BLE A	NTIGE	NS						
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	all A un									
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44	45	□ <b>46</b>	47	48	<b>49</b>	<b>50</b>	51	52	53	
54	55	56	57	58	<b>59</b>	□ <b>60</b>	□ <b>61</b>	□ <b>62</b>	63	
64	65	67	<b>70</b>	71	<b>72</b>	73	<b>75</b>	<b>□ 76</b>	<b>77</b>	
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400	5 510	2 510	3 780	1 820	1					
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Check	all C un	acceptab	ole antig	ens:						
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## Number of Positive Crossmatches Reported as a Reason for Organ Refusal Deceased Donor Kidney Match Runs Only

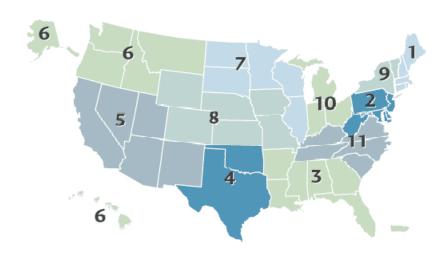


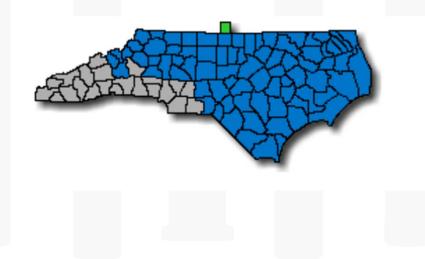
UNOS Histocompatibility Committee Region 11 Update

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# **OPO and Regional Sharing**







#### **Overview of the New Kidney Allocation Policy**

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Local CPRA 99%	Local CPRA 99%	Local CPRA 99%	Local CPRA 99%			
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Local bottom 80	Regional adult					
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Regional top 20	National adult					
Regional bottom 80						
National pediatric						
National top 20						
National bottom 80						

Israni, et al. JASN 2014. 25:1842-1848



#### **Time Waiting Remains Very Important** (Though Somewhat Less Than With the Previous KAS)

Factor	Points Awarded
For qualified time spent waiting	1 per year (as 1/365 per day)
Degree of sensitization (CPRA)	0–202
Prior living organ donor	4
Pediatric candidate if donor KDPI<0.35	1
Pediatric candidate (age 0–10 yr at time of match) when offered a zero antigen mismatch	4
Pediatric candidate (age 11–17 yr at time of match) when offered a zero antigen mismatch	3
Share a single HLA-DR mismatch with donor	1
Share a zero HLA-DR mismatch with donor	2

Israni, et al. JASN 2014. 25:1842-1848

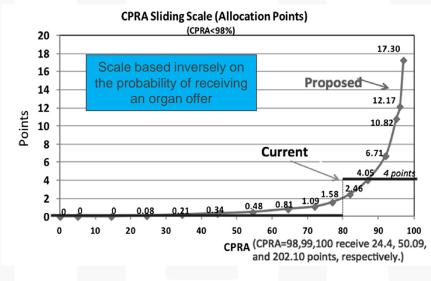
Wait Time Accrual Starting Point							
<ul> <li>Adults - <u>Earlier</u> of the following:</li> </ul>							
<ul> <li>WL registration date and GFR or calculated</li> </ul>	WL registration date and GFR or calculated						
Cr Cl <20 ml/min							
<ul> <li>Date after WL registration when GFR or Cr</li> </ul>							
Cl first reaches < 20 ml/min							
Date of initiation of maintenance dialysis							
• Children (<18) – <b>Earlier</b> of the following:							
WL registration date (no clinical criteria)							
<ul> <li>Date of initiation of dialysis</li> </ul>							



#### **High CPRA Candidates Receive Huge Points**

Factor	Points Awarded
For qualified time spent waiting	1 per year (as 1/365 per day)
Degree of sensitization (CPRA)	0–202
Prior living organ donor	4
Pediatric candidate if donor KDPI<0.35	1
Pediatric candidate (age 0–10 yr at time of match) when offered a zero antigen mismatch	4
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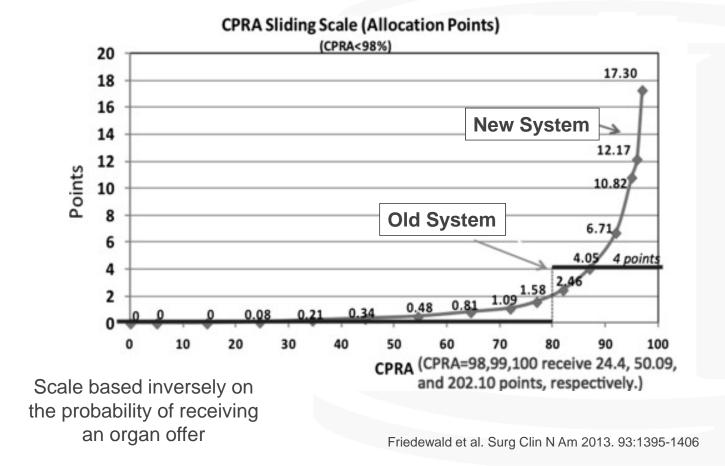
Israni, et al. JASN 2014. 25:1842-1848



Friedewald et al. Surg Clin N Am 2013. 93:1395-1406



# **CPRA Sliding Scale (Allocation Points)**





#### **Organ Allocation and Blood Type**

- A2 blood type less immunogenic
- B blood type waiting times are the longest
- Allocation as follows:
  - » B to B, unless zero Ag MM
  - » O to O, unless zero Ag MM
  - » A1 to A
  - » A1B to AB
  - » A2 and A2B to B
    - Requires patient consent
    - Center must designate acceptable titer of antibody to A2
    - Must update every 90 days
    - Plasmapheresis must be available as needed after transplant



# **Exceptions Due to Medical Urgency**

- Must be medically necessary
  - » Dialysis not possible
  - » No living donor option
- Requires agreement of all centers within OPO
- Single center OPO may be best option for this patient



#### Impact of the New KAS on Specific Patient Groups

#### **Positively Impacted**

- Highly sensitized
- EPTS <20%
  - » Younger adults
  - » Non-diabetics
- Patients with pre-listing dialysis time
  - » Especially for those on dialysis many years
- B blood type
  - » If patient consents and center accepts A2
- Adults

#### **Negatively Impacted**

- Unsensitized
- EPTS 21-100
  - » Older but not old
  - » Diabetics
- Patients listed prior to dialysis initiation
  - » Advantage still there vs. late listing
- Non-B blood type
  - » Advantage persists
- Children
  - » Still have huge advantage
  - » List before 18 if possible

#### **Anticipated National Consequences of the New KAS**

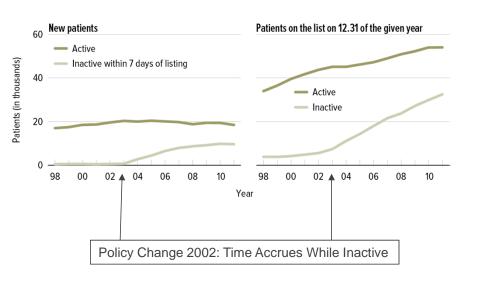
- Longevity matching for top 20% of kidneys
  - » Reduced re-transplantation
  - » Improved utility, reduced equity (age, diabetes)
- Lower deceased donor discard rates
  - » No proof yet
  - » >85% KDPI impact unknown
- Anticipated gain in total years of graft function and patient survival for a given number of organs
- More transplants in sensitized patients
  - » Increased regional and national sharing of kidneys
  - » Increase in average cold ischemia time

#### **Anticipated National Consequences of the New KAS**

- Reduced penalty for late listing
  - » May increase referral of long-term dialysis patients
- Reduced blood type disparity in time to transplant
  - » Less racial inequity
- Possible impact on living donor transplant rate
  - » EPTS <20% patients may choose to wait for KDPI <20 %
  - » Older patients may be more likely to seek or accept a living donor
- % of Inactive (Status 7) patients likely to decline



#### A Rule Change in 2002 Led to A High Percentage of Inactive Patients in the Old Kidney Allocation System





3 status options established

- » Actively listed
- » Status 7 (inactive but listed) time still accrues
- » Not listed (delisted or never listed)
- Delisting a listed patient = Loss of all waiting time prior to December 5, 2015
- Transplant centers acting as patient advocates left patients on the list even if:
  - » Low (but not zero) likelihood of future transplant
  - » Medically indicated observation periods (e.g. cancer diagnosis)
- Patient Impact
  - » The Good: Accumulated waiting time
  - The Bad: Testing often continued to maintain listing status
    - Cost
    - Inconvenience
    - Procedural risks

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#### Impact of a High Inactive % On Transplant Center Statistics and Behavior

- Inactive patients included in analyses of
  - » Waiting time
  - » Death on the wait list
  - » Transplant rate
- True waiting time, transplant rates obscured
- Center comparison difficult
- Centers experienced negative impact
  - » Regulatory concerns
  - » Reimbursement and contracts impacted



#### The New KAS Offers Another Option for Some Patients Proposal: The LIFT List

- Current KAS still has 3 status options Active, Inactive, Not Listed
- The important change as of December 4, 2014
  - » Delisting leads to loss of waiting time only if patients were listed prior to dialysis
- Proposal A Fourth Listing Option for UNC = List at a Future Time (LIFT)
  - » Applied to patients <u>without</u> pre-dialysis waiting time who would previously have been listed as inactive:
    - Includes currently listed and ready to be listed patients who are future potential candidates
  - » Examples
    - Weight loss requirements to get BMI <40</li>
    - Cancer waiting period
    - Active foot ulcers, infection
    - Establishing a post-transplant care plan, social support system
    - Drug abuse counseling
- The Risk
  - Cannot forget these patients
  - How will patients react to being delisted vs. being inactive?

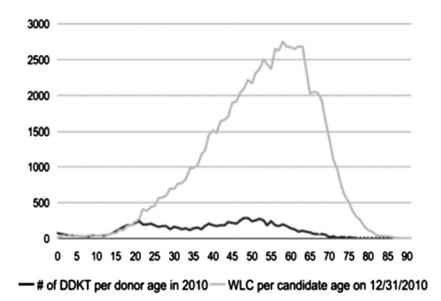


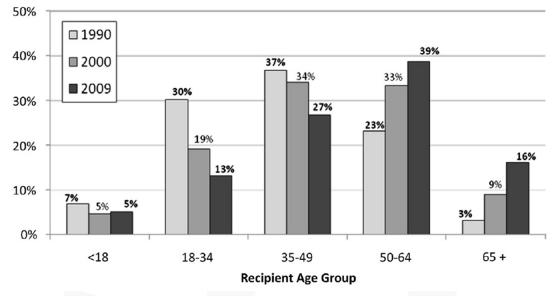
#### **Recommendations for Individual Patients**

- Refer at eGFR 20 to 25 ml/min
- List CKD children prior to age 18 if they have a chance of future ESRD
- EPTS calculation for each patient
  - » Counsel those <20% when they will cross the 20% line
  - » Active status important when nearing EPTS 20%
- Counsel B blood type patients about A2, A2B donor option
- Counsel carefully anyone we delist that their waiting time since starting dialysis will not be lost
- High risk (diabetic, obese) and elderly patients (>65) must strongly consider living donor transplants



# **Age Distribution of Recipients**

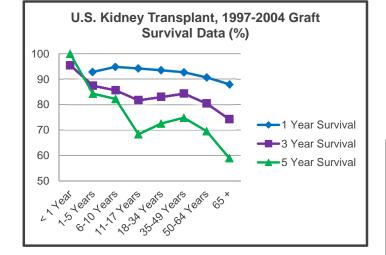


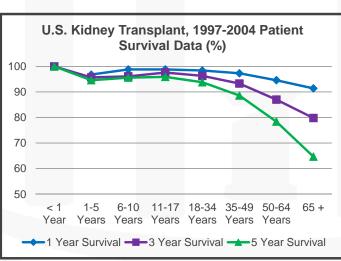


Friedewald et al. Surg Clin N Am 2013. 93:1395-1406



# **SRTR** Data

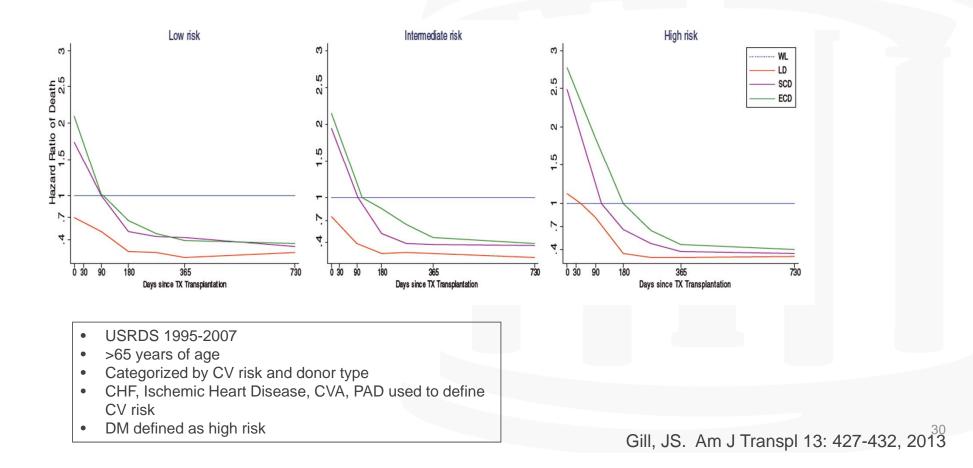




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#### Transplantation, Especially From a Living Donor, Offers Mortality Advantage for Patients >65 Years of Age



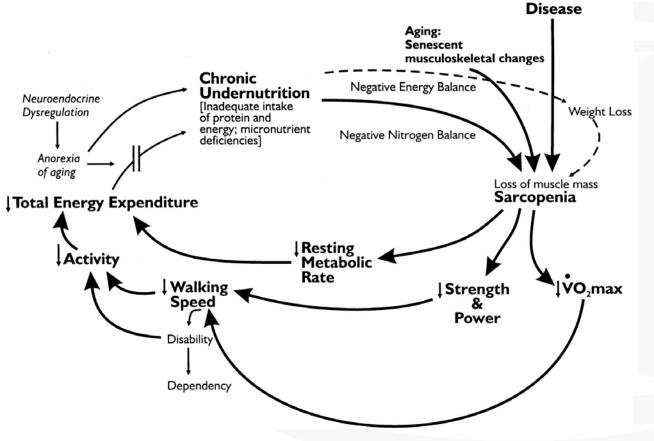


# Is It Possible to Risk Stratify the Older Kidney Recipient Candidate?

Measures of Frailty in the Elderly and the Likelihood of Post-Transplant Success







Fried L P et al. J Gerontol A Biol Sci Med Sci 2001;56:M146-M157



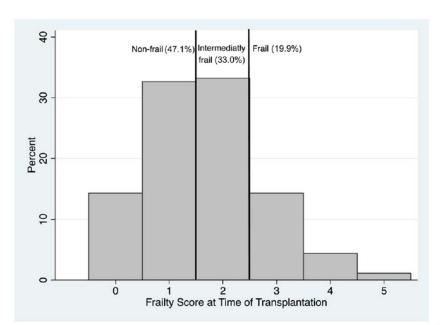
## Measuring Frailty The Fried Frailty Scale

- Shrinking
  - » Unintentional weight loss of > 10 lbs. in last year
  - » At f/u loss of > 5% previous year's body weight
- Exhaustion
  - » Subjective interview scale
- Strength
  - » Grip Strength
- Low Activity
  - » Kcals per week expended
  - » Men: < 383 Kcals per week frail
  - » Women: < 270 Kcals per week frail
- Low walking speed
  - » 15 feet in 6 or 7 seconds



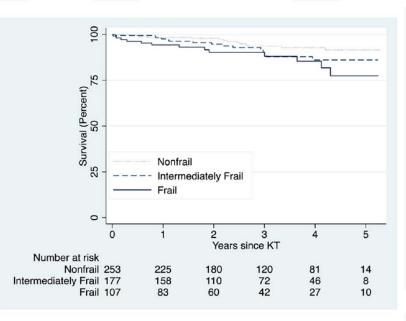


#### Frailty Distribution and Outcomes Associations The Johns Hopkins Experience (2008-2013)



Frailty Distribution at Time of Transplant

Patient Survival by Frailty Status



American Journal of Transplantation 2015; 15: 149–154

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