

# Dialysis Clinic Research Readiness

## Lunch & Learn Discussion Guide

**Use this guide to facilitate a lunch & learn session or staff meeting about dialysis research.** In 20-30 minutes, you will learn about general research concepts and discuss your thoughts about research. The session is for all clinic staff, regardless of role or past research experience.

If you have the opportunity to interact with research teams in the future about specific research studies, share your ideas and ask questions. Information on page 2 may help you prepare for research involving your clinic.

### What is it all about?

This guide was developed to promote **dialysis research readiness**. A **research-ready clinic** has the interest and capacity to host or help with research, meaning that the staff and patients understand general research concepts and feel prepared to ask researchers all of their questions.

### Directions

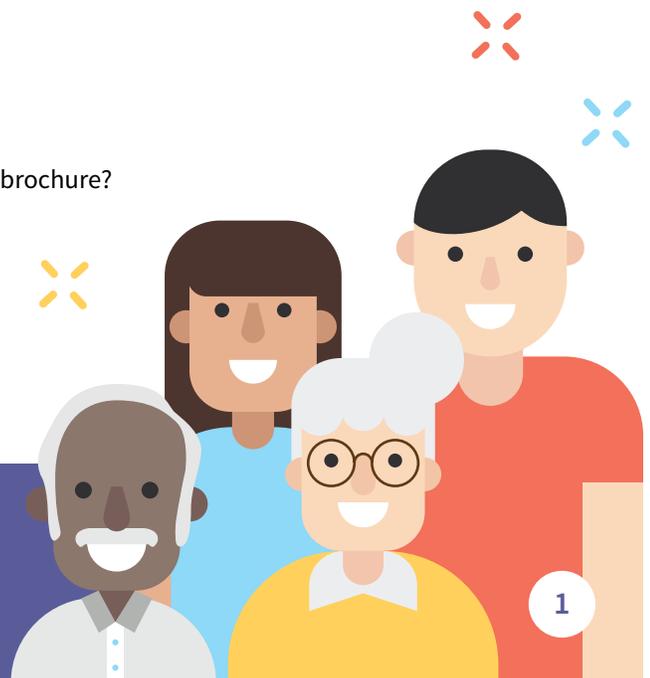
1. Choose a discussion leader and go to [go.unc.edu/DialysisResearchEducationToolkit](https://go.unc.edu/DialysisResearchEducationToolkit)
2. Watch the 9-minute dialysis research education video.
3. Read the dialysis research education brochure (optional).
4. Discuss and take notes on the group discussion (page 2).
5. Review questions you might want to ask researchers (page 2).

### Suggested Discussion Questions

- ▶ What is something new about research that you learned from the video or brochure?
- ▶ What information about research stood out to you? Why?
- ▶ For those of you who have helped with research before:
  - What was it like?
  - What went well?
  - What did not go well?
- ▶ What questions about research came to mind when viewing the video or brochure?
- ▶ What concerns about research do you have?

**Go to page 2 to take notes and review questions for researchers.**

**DIALYSIS  
RESEARCH**



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Summarize the group discussion here. Consider sharing these notes with researchers who want to involve your clinic in research. This summary may help them understand your views and concerns.

## Discussion Notes

Important points from our group discussion:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Concerns we have about research:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Questions You May Want To Ask Researchers

Make sure you ask questions. All questions are good questions. The examples below may help you prepare for a research study involving your clinic.

- ▶ What question is the study trying to answer?
- ▶ How could the study help current or future patients?
- ▶ Who qualifies to be in the study?
- ▶ How long will the study last?
- ▶ What is required of patients?
- ▶ What is required of staff?
- ▶ How often will there be study progress updates?
- ▶ Will researchers share the study results with participants and clinic staff? If so, when?



**Thank you!** Your time and thoughts are important. Your interest in research may contribute to a better future for dialysis patients.